

Coronavirus disease (COVID-19)

Source: https://www.who.int/health-topics/coronavirus#tab=tab_3

COVID-19 affects different people in different ways. Most infected people will develop mild to moderate illness and recover without hospitalization.

Most common symptoms

<input checked="" type="checkbox"/>	Fever	First two days of infection
<input checked="" type="checkbox"/>	Cough	Dry cough with phlegm
<input checked="" type="checkbox"/>	Tiredness	Fatigue especially prevalent on first day: needed 3.5h rest period. Reduced mid-day rest periods for subsequent days, but longer periods of sleep
<input type="checkbox"/>	Loss of taste or smell	

Less common symptoms

<input type="checkbox"/>	Sore throat	No, only from coughing
<input checked="" type="checkbox"/>	Headache	Constant headache throughout duration of infection
<input checked="" type="checkbox"/>	Aches and pains	Tender muscles in days leading up to testing positive, along with first day of infection
<input checked="" type="checkbox"/>	Diarrhea	One instance of diarrhea following regular bowel movement several hours prior
<input checked="" type="checkbox"/>	A rash on skin, or discolouration of fingers or toes	Rash-like bumps exhibited on skin in first two days
<input checked="" type="checkbox"/>	Red or irritated eyes	Throughout entire course of infection; fatigue in eyes also observed

Serious symptoms

<input type="checkbox"/>	Difficulty breathing or shortness of breath	
<input checked="" type="checkbox"/>	Loss of speech or mobility, or confusion	Slight confusion and feeling "loopy"; unable to structure sentences at worst
<input checked="" type="checkbox"/>	Chest pain	Chest pain on left side; feels like pins rather than tugging of muscles

Seek immediate medical attention if you have serious symptoms. Always call before visiting your doctor or health facility.

People with mild symptoms who are otherwise healthy should manage their symptoms at home.

On average it takes 5–6 days from when someone is infected with the virus for symptoms to show, however it can take up to 14 days.